

# Personal trainers in the City

## Fact Sheet

The City of Kalamunda aims to provide fair and easy access to all of the City's sporting reserves. To maintain equity among all user groups, outdoor fitness activities that take place on any of the City's public reserves will need to be booked.

### Who needs to book?

This applies to outdoor fitness activities including:

- One-on-one personal training sessions
- Group fitness training sessions

### Why do we need to book?

Increasing numbers of commercial fitness trainers using public reserves has raised a number of issues including:

- Access issues and conflict with other community members/sporting groups who use the space.
- Impact on reserves and wear-and-tear on sporting reserves.
- Safety concerns of fitness activity taking place on City land, particularly by trainers without adequate insurance.
- Impact on nearby residents (noise, traffic and parking).

### More information

For more information regarding bookings or conditions of hire, please contact the City's Recreation Services Officer on 9257 9999 email [sport@kalamunda.wa.gov.au](mailto:sport@kalamunda.wa.gov.au).



### How to book

- Contact the City's Recreation Services Officer on 9257 9999
- Complete the registration form.
- Provide copies of:
  - Certificate of Qualification
  - Public Liability Insurance
  - First Aid Certificate
- Pay the annual registration fee of \$56.

The requested reserve will then be booked for no charge (valid from 12 months of issue date).

All approved trainers must display a sign that states they are a "City of Kalamunda Approved Personal Trainer".