

HIGH WYCOMBE RECREATION CENTRE

200 Newburn Road, High Wycombe 6057

Ph: 9359 1700

Email: recreation@kalamunda.wa.gov.au



City of Kalamunda Recreation

city of
kalamunda



Child Registration Form

Kids Cooking Club

Child's Details:

First Name: _____ Surname: _____

Date of Birth: _____ Age: _____ Male Female

Parent's Details:

First Name: _____ Surname: _____

Phone (H): _____ (M): _____

Address: _____

Suburb: _____ Post Code: _____

Email: _____

Emergency Contact (other than yourself):

First Name: _____ Surname: _____

Phone: _____ Relationship: _____

Attendance: (Please write the dates your child will be attending)

| | | | |
|--|--|--|--|
| | | | |
|--|--|--|--|

Payment Details:

Days enrolled: _____ x \$27.20 = _____

Payment type: _____ Date _____

Promotional Material Permission

High Wycombe Recreation Centre may seek photographs for promotional literature and displays. We are therefore seeking permission to take photos of your children while they are enjoying our facilities to further promote our Centre. These photos are strictly for the City of Kalamunda's use only.

By signing below, I give permission for my child to have their photo taken for promotional use by the City of Kalamunda.

Parent Signature: _____ Date: _____

If you DO NOT wish for your child's photo to be taken DO NOT fill out this section of the form.

Please continue overleaf

Allergies & Medication - Please provide any important information about your child:

Child's allergies/medical conditions: _____

Please provide information regarding the level of exposure your child can withstand from an allergic substance, e.g. touch, smell, taste, etc.: _____

What procedure should be followed if your child is exposed to an allergic substance or shows signs from their medical condition? _____

If an "Action Plan" form is required, you must return it to the Centre on your child's first visit.

Please provide us with any medical documents you feel will assist us in delivering a greater quality of care to your child and note that medication is not administered by staff. Please refer to the Kids Cooking Club Rules & Info Sheet for further details.

CONDITIONS

- Full payment is required on enrolment.
- A minimum of 72 hours' notice must be given in the event of a cancellation, unless a medical certificate is presented.
- Refunds will be given for cancellations of more than 72 hours' notice. Where a refund is given an administration fee may apply.

DISCLAIMER

For the purpose of being allowed to participate in the programs & activities at the City of Kalamunda - High Wycombe Recreation Centre, I agree to acknowledge and accept the following; Kitchen education such as cooking may come with innate risks associated with the Kids Cooking Club program. The City of Kalamunda takes care in providing a high service, however participating in our junior programs at High Wycombe Recreation Centre may cause serious injury, paralysis or death. I agree to my child participating in programs at High Wycombe Recreation Centre at their own risk. It is my responsibility to ensure that my child's valuables and personal effects are safe and that my child wears appropriate footwear/safety equipment whilst participating. I am responsible to bring my child to the instructor of the program each class, and to retrieve my child from the instructor after each class. In the event that I cause loss, damage and/or injury to a third party/third party property and this has resulted due to my negligence, I accept that any costs, losses or liabilities I incur are my responsibility.

I agree that the information declared above is true and correct and I have read and understand that my rights are limited by this disclaimer.

Parent/Guardian Signature: _____ Date: _____

Staff Signature: _____ Date: _____

Take Away Food Disclaimer

In allowing your child to take away the food prepared and cooked during the Kids Cooking Club you acknowledge that the City of Kalamunda will not be responsible for the safe transportation and storage of the food and understand that this agreement is on the basis that we accept no liability in respect of the safety of this food for human consumption once removed from the premises.

This food has been prepared in a registered food premises and care will be taken during the food preparation process to use safe and hygienic food handling techniques.

If you or anyone else requires information on the types of ingredients used for those who may have an allergic reaction to certain ingredients please make the organiser aware of this prior to your child attending this course.

In consideration of our permitting you to take the food away you agree to indemnify and keep indemnified (**High Wycombe Recreation Centre**) against any and all loss, liability and damage howsoever arising in respect of such food.

Your signature below will represent your understanding of this disclaimer will be applied for all kids cooking club classes.

Name: _____

Sign: _____

Date: _____

HIGH WYCOMBE RECREATION CENTRE

200 Newburn Road, High Wycombe 6057

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Kids Cooking Club

High Wycombe Recreation Centre – Kids Cooking Club: 9:15am-12:00noon

Due to the High Wycombe Community and Recreation Centre being an unstaffed facility as well as for safety reasons, please arrive no later than 9:10am. There will be no access to the program once the entry door has been locked to allow the class to commence at 9:15am. Credit or refunds will not be issued to students arriving late to class.

Kids Cooking Club is a Nut Free Zone

Please make sure that your children do not bring any nuts and products containing nuts into the Centre. We appreciate that only a small percentage of children are allergic to these products but this small change will ensure a safe environment for all the children in the Centre.

PARENT RESPONSIBILITIES

- If an "Action Plan" form is required, the parent/guardian must return it to the Centre on your child's first visit. Please see Crèche staff for a form.
- If the parent is requested to return to the Centre by a staff member then they must return promptly to attend to their child.
- Parents are required to directly supervise their children before and after the Kids Cooking Club program attendance times.
- **Please note:** Closed in shoes and hair tied back is compulsory.

CHARGES & ENROLMENT

All charges must be paid at reception with enrolment before the Kids Cooking Club program commences.

SIGN IN / SIGN OUT

It is important that your child is **signed-in** and **signed-out** correctly and that all allergies and other relevant medical conditions are noted on the signing in forms. For the safety of the children we ask that the person that signs in the child be the one to collect them at the end of the session unless previous arrangements have been made with the Kids Cooking Club staff.

YOUR CHILD'S INFORMATION

An information sheet must be filled out about your child before they can be enrolled in the Kids Cooking Club program. This sheet may need to be filled out more than once for purposes of updating your child's information file. This information is extremely important so we can be informed of any allergies or special needs that the Kids Cooking Club staff need to know about.

WHAT TO BRING / WHAT NOT TO BRING

- Please ensure your child is wearing closed in shoes.
- Please bring a **nut free snack**.
- An empty food container.
- Please bring along a labeled drink.
- Please **do not** bring toys from home (**no responsibility is taken for lost or damaged toys**).

MEDICAL

For the health and safety of all children in the centre:

- Children cannot attend the Kids Cooking Club program when they are sick with an infectious condition or unwell, these include:
 - ✕ Chicken Pox
 - ✕ Conjunctivitis
 - ✕ Diarrhoea
 - ✕ Gastroenteritis
 - ✕ Vomiting
- Parent will be asked to collect their children if they become ill or very upset during their time cared for in the Kids Cooking Club program.
- Medication **cannot** be administered to children by the staff at High Wycombe Recreation Centre.

Ingredients for the Classes



| Tuesday 9 th July 2019 | | | | | | |
|--|------------------|----------------|--------------|---------------|----------------|-------------------|
| Healthy Mexican Rice Beef Bowls | | | | | | |
| Beef Mince | Red Kidney Beans | Corn Kernels | Cucumber | Coriander | Rice | Cumin |
| Chocolate Brownie Sandwiches | | | | | | |
| Dark Chocolate | Butter | Eggs | Caster Sugar | Icing Sugar | Cream | Flour |
| Raspberry Jam | Vanilla | Baking Powder | | | | |
| Thursday 11 th July 2019 | | | | | | |
| Chicken Meatball Curry | | | | | | |
| Chicken Mince | Carrot | Zucchini | Garlic | Breadcrumbs | Soy Sauce | Curry Paste |
| Coconut Milk | Chicken Stock | Sweet Potatoes | Brown Sugar | Lime Juice | Frozen Peas | Coriander |
| Weet-Bix Slice | | | | | | |
| Weet-Bix | Flour | Coconut | Sugar | Butter | Icing Sugar | Milk |
| Friday 12 th July 2019 | | | | | | |
| Cauliflower Macaroni and Cheese | | | | | | |
| Macaroni | Cauliflower | Flour | Milk | Cheese | Frozen Peas | Parsley |
| Monte Carlo Biscuits | | | | | | |
| Plain Flour | Brown Sugar | Butter | Icing Sugar | Egg | Baking Powder | Vanilla |
| Milk | Coconut | | | | | |
| Monday 15 th July 2019 | | | | | | |
| Beef Samosas | | | | | | |
| Beef Mince | Onion | Cumin | Garlic | Beef Stock | Coriander | Puff Pastry |
| Vegetable Oil | Peas | Garam Masala | | | | |
| Passionfruit Shortbread Eggs | | | | | | |
| Butter | Icing Sugar | Flour | Cornflour | Egg | Caster Sugar | Passionfruit Pulp |
| Tuesday 16 th July 2019 | | | | | | |
| Chicken Fajitas | | | | | | |
| Beef Mince | Cheese | Eggs | Breadcrumbs | Salt & Pepper | Seeded Mustard | Tomato Sauce |
| Funfetti Pancakes with Whipped Maple Butter | | | | | | |
| Flour | Bi Carb Soda | Caster Sugar | Milk | Butter | Maple Syrup | 100's & 1000's |
| Eggs | | | | | | |

Ingredients for the Classes



Thursday 18th July 2019

Healthy Mushroom Stroganoff

| | | | | | | |
|------------|-------------|--------|-------|-------|-----------------|--------------|
| Mushrooms | Brown Onion | Garlic | Thyme | Flour | Vegetable Stock | Tomato Paste |
| Sour Cream | Parsley | Pasta | Sage | | | |

Vanilla Honey Cupcakes

| | | | | | | |
|--------------|-------|---------|------------|-------------|-------|---------------|
| Eggs | Honey | Vanilla | Buttermilk | Coconut Oil | Flour | Baking Powder |
| Cream Cheese | | | | | | |